



KNIGHT & DAY
RESTAURANTS

SENIORS MENU

EARLY BIRD SPECIAL

*When our Seniors Guests dine at Knight & Day
between 4pm and 6pm any day of the week
you will receive an additional 10% off
our Seniors menu prices.*

"A Seniors Menu for our Special K&D guests"



SENIORS MENU

*All of our lunch and dinner Seniors Selections include
a cup of our homemade soup of the day*

Chicken Strips & Fries ... 6.99

3 tender chicken strips served
with fries and honey mustard.

Chicken Pot Pie ... 7.99

Mama Knight's old fashioned recipe topped
with a flaky crust and served with fries.

Pasta Prima Vera ... 6.99

Delicious vegetable Prima Vera sauce
tossed with spaghetti and parmesan cheese.

Veggie Stir-Fry ... 7.99

Sautèed fresh vegetables tossed with teriyaki sauce
and noodles and served with garlic bread.
(Add a half chicken breast for \$2.50)

Reuben Sandwich ... 7.99

Sliced corned beef served on grilled rye bread with
sauerkraut Swiss cheese and fries.

*Please tell your
Server you are ordering from the Seniors Menu*



TRADITIONAL FAVOURITES

Breaded Veal Cutlet ... 8.99

Breaded tender veal cutlet served with fresh whipped potatoes, homemade gravy, vegetable and garlic bread.

Baby Beef Liver ... 8.99

Breaded beef liver topped with fried onions
& served with fresh whipped potatoes,
homemade gravy, vegetable & garlic bread.

Turkey Dinner ... 9.99

Our famous fresh roasted turkey breast served over
homemade stuffing with fresh whipped potatoes,
savory turkey gravy, vegetable and garlic bread.

Fish & Chip ... 7.99

Our homemade recipe with fries & garlic bread.

Baked Lasagna ... 7.99

Served with garlic bread

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KNIGHT & DAY
R E S T A U R A N T S

SENIORS BREAKFAST MENU

Available Anytime.

Bacon or Sausages and Eggs ... 5.49

Two farm fresh eggs served with two sizzling strips of bacon or two pork sausages with hashbrowns & thick sliced toast.

Buttermilk Pancakes ... 4.49

Our homemade buttermilk pancake recipe served with whipped butter and syrup.

Pancakes and Eggs ... 4.99

Our homemade buttermilk pancake recipe topped with two eggs and served with whipped butter and syrup.

Ham & Cheese Omelette ... 5.99

Diced honey ham with Canadian cheddar cheese served with hashbrown potatoes and thick sliced toast.

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